

What do people say about OzBox?

I've never been so fit. I'm trained as a coach and I get to meet new people all the time through OzBox.

Amy (18) Chesterfield

Becoming involved in OzBox is one of the best things I have ever done. My boxing career is going from strength to strength.

Mateen (14) Whittington

The life-changing OzBox scheme is helping youngsters steer clear of anti-social behaviour and crime. OzBox is also tackling gang culture head-on by inviting young people from all areas of Derby city to take part.

Gordon Brown
former Prime Minister



Booking an OzBox session

OzBox sessions can be booked in four week blocks or one-off taster sessions.

For more information please contact the OzBox team

☎ **01246 522304**

✉ **ozbox@derbyshire.pnn.police.uk**

Volunteering for OzBox

To find out how to become an OzBox volunteer contact Derbyshire County Council's Volunteer Passport Scheme co-ordinator Claire Austin ☎ **01629 532053**

✉ **claire.austin@derbyshire.gov.uk**

✉ **ozbox@derbyshire.pnn.police.uk**



LOTTERY FUNDED



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www.derbyshire.police.uk



Derbyshire Constabulary
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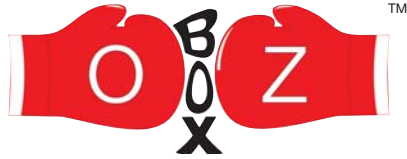
OzBox



**Get involved in the
unique boxing-based
fitness scheme**



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What is OzBox?

The OzBox scheme involves sessions of non-contact boxing and fitness training.

The sessions are about having fun but they also teach young people to take pride in themselves and in their community.

It was set up in Chesterfield in 2003 by Steve Osbaldeston MBE, a police officer, to encourage young people to keep fit and lead healthy lifestyles to help stop them getting involved in anti-social behaviour and crime.

Such was the demand and success of the scheme, OzBox sessions are now held across the county.

OzBox is delivered by more than 300 trained volunteers including police officers, PCSOs, youth workers, students, firefighters and members of the community.

All the equipment is provided and the sessions are FREE for all young people, aged 11 to 19 years old.

It is recognised and supported by the Amateur Boxing Association of England (ABAE). Country Crop, a local business, donates fruit which is available at the sessions.

The success of the OzBox scheme has been nationally recognised. OzBox was voted as the winner of the Daily Mirror People's Award at the 2009 Justice Awards.



OzBox is FREE to young people aged 11 to 19-years-old and is taught by ABAE trained tutors



Who benefits from OzBox?

OzBox is a unique and innovative activity. As well as benefiting local communities by offering a challenging and energetic pastime for young people, those attending OzBox sessions benefit from skilled training, with a chance of progression for those who demonstrate an aptitude for the sport. Ricky Pearce was introduced to boxing through OzBox. He has since gone on to achieve national honours for professional boxing.

What is the future for OzBox?

OzBox is growing and developing. It has received funding from Derbyshire County Council and the Big Lottery Reaching Communities Fund to expand the scheme even further across the county.

The funding will enable more sessions to be run in schools and through mobile and community gyms.

It will also help to recruit hundreds more OzBox coaches to deliver sessions and encourage them to become qualified sports leaders and mentors to young people at risk.

How can I get involved?

To find out where your nearest OzBox sessions are taking place call **01246 522304**

email: ozbox@derbyshire.pnn.police.uk

visit www.ozbox.org

All children wishing to take part must provide a consent form signed by a parent or guardian and wear suitable clothing.

Forms will be provided by the organisers.